

American Association of University Women

AAUW

the **TORCH** *October 2017*

Vol. 55, No.9

OCTOBER MEETING

Date: Saturday, Oct. 21

Gathering: 11:30 A.M.

**Location: The Landings Yacht, Golf
& Tennis Club, 5200 S Landings Dr.**

Luncheon Menu:

**Choice 1: Pear Delight Salad with
Grilled Chicken**

**Choice 2: Seafood Croissant with House
Made Chips**

Desert: Chef's Choice or Fruit Cup

Beverages from the bar are available.

Wait staff will accept charge cards.

**For reservations, contact Tina Hoegler
(941) 505-8483 or c_hoegler@msn.com
Please contact her no later than Monday,
October 16. Cancellations must be made
no later than Tuesday, October 17;
otherwise payment is expected. Price of
the luncheon is \$20.00, checks preferred.**

Name Tags

Are you interested in a name tag? Please contact Marlene Palmer. Cost: \$8.22 Make check payable to Marlene Palmer, 9149 Shadow Glen Way, Fort Myers, FL 33913 (239-768-9824) Be sure to include your complete name.

***Lifestyles to a Better Brain:
Reducing the Risk of Dementia***

Our Speaker:

***Angel C. Duncan, M.A.MFT, ATR
Director of Education and Research
Associate Neuropsychiatric Research Center of
Southwest Florida***

Most of us have been touched by Alzheimer's disease, through friends or relatives and know how devastating it is to watch the person we know slowly disappear right before our eyes.

Lifestyles to a Better Brain is a health - education program that offers an overview about Alzheimer's disease and related dementias, and addresses a wealth of information that you need to know for optimal brain health. With scientific evidence-based research studies from across the globe validating the importance of lifestyle factors, come learn how to sustain your brain.

Our speaker, Angel Duncan, has an extensive background in counseling psychology, art therapy and neurosciences clinical research. She is a global consultant for leading agencies in brain health initiatives. Angel is a widely published author, medical peer reviewer, and writer.

Come to hear about the latest research on Alzheimer's disease.

**Great Style Show ...
Exciting New Location!**



Give to Achieve

Save The Date



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December, 2017

Su	Mo	Tu	We	Th	Fr	Sa
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Ladies, we are in a time crunch! Irma has wreaked havoc on our lives, and we desperately need your help! December 2nd is closer than we think. PLEASE circle it in red on your calendar. Along with the disruptions caused by our stormy weather, there are other changes to our style show!

- New Location--The Forest Country Club in Ft. Myers, FL will now be hosting our event in a beautiful location off South US 41 between Gladiolus Drive and Alico Road.

- Ticket prices-- Individual tickets are now \$45.00. However, if you buy a complete table of 10 then the price drops to \$40 per person, \$400.00 for a table of 10 and \$320.00 for a table of eight). Please pay for all tickets at the time of the reservation for the best price. After October 30, the price increases.

Tickets can be purchased through Carolyn Nance at our October meeting or by email cnance5240@gmail.com. Payment in full

should be sent to: Carolyn Nance at 6021 Silver King Blvd. #104, Cape Coral, FL 33914. Remember, to get the \$45- price tickets must be purchased before the end of October so bring your checkbook to the meeting.

This is our major fundraiser for the year, and we depend on your contributions of time and talents. We have members signed up to help on committees, but we need more, *we need you!* At our October meeting please, sign up to help. 'Add your name to a list with your phone number or e-mail and how you are able and willing to help! You may also contact the co-chairs:

Cathy Tucker (cptucker@embarqmail.com)
or Brenna Tucker
(brennatucker55@gmail.com)

We will be asking members to model. Each model will be choosing fashions from Chico's, Soma and White House Black Market, from the Bell Tower shops in Fort Myers.

A major need right are items for the raffle, and the silent and live auctions. Please think of your every-day activities and consider if a solicitation for donation would be in order. Almost any item is a wonderful addition. We need: gift certificates from merchants (especially restaurants), golf courses, hand crafted items (from you crafty ladies), art work, jewelry, wine, hotel/resort packages, and glamor certificates! We have to have them by the end of November, so there is not much time left. Hurry, hurry!

A new raffle will be in place this year- a Wine Pull. We are asking for donations of wines from \$10.00 and up. If you have a bottle or two of a favorite wine please consider donating.

We have a special letter to send or present to the donors for their donations, as they would be able use the items they donate as tax-deductible items. (This letter is available by e-mail from our co-chairs or at our next two meetings.) We appreciate all those who provide items for our raffles and auctions. Please make sure the donors receive a copy of this official solicitation letter. To obtain copies of these letters, contact Cathy Tucker. We will also have copies available at the meetings. Melanie Jackman, Shelley Siriano, Marilyn Myli and

Cathy Tucker will be collecting all donations. Donations can also be brought to the October and November meetings. We will record the name of the donor, dollar amount and the name of each member who sponsored the donation. We have already received a few donations including, a limited edition bottle of wine, a gift basket of goods and services, and cash towards the purchase of other items. As they say, "Variety is the spice of life," and we hope to have something appealing for everyone.

If you are soliciting donations, please be aware that many people are contributing to Irma Relief, and hopefully by mentioning that our group does give back locally and helps provide funds to women who otherwise would not be able to complete their higher education may encourage a donation or two.

THANK YOU to all the amazing volunteers we have so far.

President's Message ...from Marilyn Myli

October reminds us of orange pumpkins, black cats, pointed hats and bidding Irma farewell.

As you are aware our BIG fund raiser is the fashion show on Dec. 2nd. Because of Irma a lot of valuable planning time has been lost and now we have to play catch up.

The Board of Directors had an emergency meeting this past weekend and decided to proceed, with enthusiasm, with the original plan rather than moving it to a later date. Of course the Board cannot do it alone. They need the help of ALL MEMBERS. If you are asked to participate, please say yes.

We all need to sell tickets and to solicit items for the silent auction or you may want to make a donation and a committee will purchase items for you.

If we all work together we can have fun and have a successful Fashion Show.

Let's Do It!

Marilyn R. Myli



Sylvia Earle
is the first woman to become chief scientist of the U.S. National Oceanic and Atmospheric Administration.

Sylvia Earle was quoted in TIME magazine: "I was a scientist at Harvard when I noticed a paper on the bulletin board asking if anyone would be interested in living underwater as a scientist for two weeks in the US Virgin Islands. It was clear that no one expected women to apply. But some of us did. They allowed us to have a women's team and I was the leader. The men were called aquanauts. The women were called aqua-babes, aqua-chicks, aqua-naughties. But we didn't care what they called us, as long as we had a chance to go." (Time Sept. 18, 2017)

Today, Dr. Earle is Explorer-in-Residence at the National Geographic Society. More recently, she led the Google Ocean Advisory Council, a team of 30 marine scientists providing content and scientific oversight for the "Ocean in Google Earth." To date, she has led over 80 expeditions, logging more than 7,000 hours underwater. Among the more than 100 national and international honors she has received is the 2009 TED Prize for her proposal to establish a global network of marine protected areas. She calls these marine preserves "hope spots... to save and restore... the blue heart of the planet."

AAUW
Fort Myers/Lee Co Branch
PO Box 2115
Fort Myers FL 33902-2115

