

The American Association of University Women

The **TORCH**

October 2018

AAUW

Vol. 56, No.1, 2018

October MEETING

Date: Saturday, October 20, 2018

Gathering: 11:30 A.M.

Location: The Landings Yacht, Golf & Tennis Club, 5200 South Landings Dr.

Luncheon Menu:

Choice 1:

Strawberry Spinach Salad with Grilled Chicken
Fresh Strawberries, Mandarin Oranges, Gorgonzola Cheese, and Candied Pecan Topped with Grilled Chicken, then Drizzled with Balsamic Reduction

Choice 2:

Roasted Vegetable Wrap
Zucchini, Squash, Mushrooms, Roasted Red Peppers, Goat Cheese, and Spinach

Dessert: Chef's Choice or Fruit Cup

Beverages are available.

Wait staff will accept charge cards.

For reservations, contact Pat Crowe

(239) 674-9681 or pwc@world.std.com

Please title your e-mail **AAUW Reservations**, and contact her for reservations **no later than Monday, October 16**. Cancellations must be made no later than Tuesday, October 17, using the same method; otherwise payment is expected. Price of the luncheon is **\$21.00**; checks are preferred; cash is accepted; no credit cards are accepted.

(Please note the increase in cost of the luncheon.)

(Our season begins with this meeting. Mark your calendar for our meetings the third

Saturdays of each month, except December, which will be announced.)

Speaker for October

Vicki Elliott-Brown opened Ellio Pilates, Tai Chi & More on January 5, 2015 in Fort Myers, FL. Vicki, with more than 25 years' experience in the fitness and wellness industry, felt it was time to open her own studio. Thus Ellio was born. Ellio's goal is to help clients better understand their bodies, alignment and develop more efficient, pain-free mobility. Ellio offers mindful movement in a variety of modalities for all ages and all levels of fitness. The setting is relaxing, comfortable and safe, with plenty of windows and natural light. Our staff is caring, respectful and diversely trained. Whether you're looking for general wellness or have specific needs, we have a teacher/trainer for you.

Ellio private sessions are tailored to meet specific needs and goals of each client. We are experienced in working with people of all abilities and all ages, from 16 to 94. With Ellio private sessions you will discover:

***Movement patterns that cause pain or limit freedom of movement and how to adjust those patterns.**

***Better posture for sitting, standing and walking.**

***How to release tightness and tension in the body, increase flexibility, improve balance, and build deep strength.**



Save the date for “Light the Way”!

The 25th Annual AAUW Fort Myers/Lee County Fashion Show to raise scholarship money for Lee County women is Saturday, December 1, 2018. The theme is “*Light the Way*” and it will take place at Crowne Plaza Hotel at Bell Tower, 13051 Bell Tower Drive, Fort Myers, FL in their beautiful main ballroom. Fashions will be provided by Trader Rick’s and will feature fun, artful and elegant styles perfect for the southwest Florida holiday season. Plan on attending and bringing a friend to support AAUW and the women of Lee County. There is ample parking in front of the Crowne Plaza as well as an easily accessible parking lot behind the hotel with an entrance off of Big Pine Way just north of the building. You will be able to access the ballroom conveniently from this parking lot.

Tickets will be sold at the October and November meetings and are \$45.00. Tables of 8 or 10 are available at the reduced ticket price of \$40.00 and the entire table must be paid for at one time. Corporate sponsorships are available for \$400.00, and the business will be acknowledged tabletop and in the program. For further information or to make a reservation contact, Carolyn Nance at 239-257-1727 or by e-mail at cnance5240@gmail.com. Payment should be made to AAUW Fort Myers/Lee County and sent to Carolyn Nance, 6021 Silver King Blvd. #104, Cape Coral, FL 33914.

As you visit our local businesses please take a moment and request a donation for our auction and raffle. Donation request letters will be available at the October luncheon. When an item is solicited, make sure to record the

business name and address and the description and value of the donation.

We will again be offering a wine pull, so please donate a bottle of wine having a retail value of at least \$10.00. All donations may be dropped off at the home of Marilyn Myli, 1335 Whiskey Creek Drive, Fort Myers, FL. You may reach her at 239-482-0272 or via email at marilynmy7@hotmail.com to arrange a drop off time. You may also bring the item to the October or November meeting.

We could not have a successful event without many hours of volunteer help from our membership! If you would like to assist in any way, please contact Therese Cinotto, 239-822-6012 or at thecinottos@gmail.com. Together we can make this the most successful fashion show ever in honor of our 25th year!

President’s Message

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We started our new season with a wonderful speaker, Molly Schweers, from Lee County Solid Waste Management. It was a very interesting presentation and our members had a lively discussion with her. Since the last luncheon I no longer bag my recyclables for pick-up. Waste Management does not take bagged recyclables but will put them in with the regular garbage for incineration. One learns something new all the time.

There are two positions open that we need to fill. The first is a board position in Membership. We would like someone to co-chair with Lynn Felice. This position simply would be the first contact for potential new members (emailing a copy of the Torch, membership form, invite to a luncheon).

The second position would be our website editor. The person would update the website as needed. Please consider volunteering for one of these positions. It takes willing members like you to keep this branch successful in meeting its goals.

Looking forward to seeing our snowbird members at the October luncheon.

Kathy Jones
AAUW President

Kuyoth, Iris (our bilingual worker sent by the election office), and Bonnie Ryan.

In Memoriam

CARMEN MARIE CENCER

Services for Carmen Cencer were held at the Lee Memorial Gardens on Saturday, September 22. Carmen was 83 years old. (May 10, 1935 - September 2, 2018). She was active for many years in our AAUW chapter, serving as treasurer from 2002 to 2006 and also working on the Voter Registration Team at Precinct 90.

DENISE CLARK LANG

Denise Lang was active in our chapter for many years. She died on September 18, 2018, one day before her birthday. (September 19, 1931 to September 18, 2018). She had been in failing health for some time. She had no surviving relatives.

We remember both these members for their contributions and dedication to our goals.

Adopt-a-Precinct

A GREAT BIG THANK YOU to our team members who worked a 15 hour day to raise \$1,775 for our mission to support equity and education for women and girls.



Our workers (from left to right) were Barbara O'Leary, Jayne Schwarz, Judith Sims, Tina Hoegler, Carolyn Nance, Liz Foster, Nancy

AAUW Officers

Elected Officers – Executive Branch

President --Kathy Jones

Vice President Elect--Clementina Hoegler

VP Programs--Phyllis Wayco

VP Membership--Lynn Felice

Co-Secretary--Elizabeth Foster, Cathy Chapman

Co-Treasurer--Judith Sims, Carolyn Nance

Appointed Officers – Board Members

Public Policy --Marilynn Edwards

Co-Scholarship--Janet George, Bonnie Ryan

Communications--Carol Fuechsel

Ways and Means--Peggy Cih

Standing Committees

Website--TBA

Torch Editor--Peggy Cih

Historian---Suzan Harden

Records Retention--Executive Board

Science Fair--Catherine Tucker

Fashion Show Chair--Therese Cinotto

Adopt A Precinct--Carolyn Nance, Judith Sims

Ancillary Positions

AAUW Name Tags--Membership Chairs

Reservations--Patricia Crowe

Greeters--Marilyn Myli, Jean Kohart, Betty Bechtel

Sunshine --Ann Compton

*Torch Circulation---Marilyn Workman (mail),
Kathy Jones (email)*



AAUW Activities for You

Bridge Groups

Donna Randolph, Coordinator
(239) 693-2556

A. Meets 2nd Monday, 12:00 noon

B. Meets 3rd Monday, 12:30 p.m.

Book Groups

Janice McPeak, Coordinator (630) 464-4190

I. Meets 2nd Tuesday, 1:00 p.m.

II. Meets 2nd Wednesday 1:00 p.m.

III. Meets 3rd Wednesday 1:30 p.m.

IV. New Book Group Book Meets 3rd Thursday
at 11:00 a.m. at First Watch on McGregor

Blvd. *The book for October is Sing, Unburied, Sing*

Hand and Foot Group

Nancy Kuyoth, Coordinator
1st and 4th Mondays at 1:00
(239) 471-7806

Mahjongg

Jean Schoenthaler, Coordinator
(239) 277-5174
Meets 1st and 3rd Thursdays, 1:00 p.m.

Name Tags

Are you interested in replacing a name tag? Please contact one of the membership chairs. Cost: \$9.25. Make your check payable to Fort Myers AAUW and mail it to Carolyn Nance, 6021 Silver King Blvd. #104, Cape Coral, FL 33941 (239-257-1727). Or e-mail her at: cnance5240@gmail.com Be sure to include your complete name. Please print your name in capital letters, as you want it to appear.



Woman Of Interest

Serena Williams

Serena Jameka Williams is an American professional tennis player. The Women's Tennis Association ranked her world No. 1 in singles on eight separate occasions between 2002 and 2017. She reached the No. 1 ranking for the first time on July 8, 2002. Serena Williams has won the second-most singles titles (23) in women's Grand Slam tournaments of all time.

Quote: *Family's first, and that's what matters most. We realize that our love goes deeper than the tennis game.* From [Wikipedia](#)

To contact AAUW:

aauwleecounty@gmail.com

Our branch postal address:

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Fort Myers, FL 33902-2115



AAUW

Fort Myers/Lee Co Branch

Marilyn Workman, Torch Distributor
2760 Steam Boat Loop
N. Fort Myers, FL 33917